

# VI CONGRESS MIGRATION & MENTAL HEALTH

*Migrants'  
well-being  
matters*



Oct. 12th, 2017  
Rathaus Pankow,  
Breitestr. 24A - 26  
13187, Berlin



BERLIN, 2017 – The Athena Network, in cooperation with Xochicuicatl e. V. and the council of Pankow (Berlin), is inviting you to its **6<sup>th</sup> International Congress on Migration and Mental Health** on **Thursday, the 12<sup>th</sup> of October, 2017**. This interesting and highly-relevant event provides professionals within the migration and mental health community with the opportunity to share and discuss their projects, research, and applied experiences.

The conference is open to everyone - there will be a wide range of participants working in the public service sector, academia, and volunteering.

To participate, we kindly ask you to make a contribution of 10 Euros in order to cover basic expenses.

**Most important of all is to keep in mind that we are all part of making this congress successful.**

*A floating feeling is commonly shared by most of us who have left our home to travel and continue our life somewhere else. Our roots are removed from their current soil and stay floating between two worlds. Will it ever be possible to put down our roots again?*

The **Athena Network** was founded in 2010 by Joseba Achotegui, (professor at the University of Barcelona), Rachid Benengadi, (director of research at the Minkowska Center in París), and Xochtil Castaneda (professor at the University of California, Berkeley) as a global network to provide psychological and psychosocial support to immigrants living extreme situations.

[www.laredatenea.com](http://www.laredatenea.com)

**Xochicuicatl e.V.** – Latin American Women Association - from Berlin, has been assisting migrant women for 25 years with processes of integration by providing psychosocial, communal and legal support.

[www.xochicuicatl.de](http://www.xochicuicatl.de)

**The Integration Commissioner of the council of Pankow**, Katarina Niewiedzial, supports people, organizations and projects located in the district in order to promote processes of integration.

<https://www.berlin.de/ba-pankow/politik-und-verwaltung/beauftragte/integration>

BERLIN, 2017 – Das Athena Netzwerk, in Zusammenarbeit mit Xochicuicatl e. V. und dem Bezirkssamt Pankow (Berlin), lädt Sie herzlich zum VI Kongress „**Migration und mentale Gesundheit**“ am **12. Oktober** 2017 ein.

Die Konferenz bietet Organisationen und Akteur\*innen innerhalb des Feldes der Migration und der psychischen Gesundheit die Möglichkeit, sich über ihre Projekte, Forschungen und Erfahrungen auszutauschen und gemeinsam zu diskutieren.. Der Austausch und die Diskussion der verschiedenen theoretischen Ansätze, Konzepte und Interventionstechniken werden den Schwerpunkt des Tages ausmachen.

Die Konferenz richtet sich an alle, die sich für eine psychosoziale Perspektive der Migration interessieren. Die Vielzahl der Teilnehmer\*innen arbeitet im öffentlichen Dienst, in der Wissenschaft und/oder im Freiwilligendienst.

Um die Grundkosten abdecken zu können, bitten wir Sie um einen Beitrag von **10 Euro pro Person**.

**Am wichtigsten von allem ist zu beachten, dass wir alle Teil dieses Kongress sind, und gemeinsam Erfolge erzielen können.**

Viele von uns, die die Heimat verlassen haben, um zu reisen und das Leben anderswo neu zu beginnen, teilen das Gefühl, im Nichts zu schweben. Unsere Wurzeln wurden von der Erde abgerissen und schweben zwischen zwei Welten. Oft fragen wir uns: werden wir jemals wieder in der Lage sein, Wurzeln zu schlagen?

Das **Athena Netzwerk** wurde 2010 in Barcelona von Prof. Joseba Achotegui (Universität von Barcelona), Rachid Bennegadi (Forschungsleiter des Centre Minkowska in Paris) und Prof. Xochitl Castaneda (Berkeley Universität) gegründet. Das Ziel des Projektes ist die Gründung eines globalen Netzwerks zur psychologischen und psychosozialen Unterstützung für Migranten\*innen in prekären Situationen. [www.laredatenea.com](http://www.laredatenea.com)

**Xochicuicatl e.V.** – Lateinamerikanischer Frauenverein – in Berlin, unterstützt seit 25 Jahren Migrantinnen bei ihren Integrationsprozessen mithilfe von psychosozialen, sozialen und gemeinschaftlichen Interventionen. [www.xochicuicatl.de](http://www.xochicuicatl.de)

Die **Integrationsbeauftragte des Bezirks Pankow**, Katarina Niewiedzial, ist die Ansprechpartnerin für alle Bürger\*innen, Organisationen und Projekte des Bezirks zum Thema Integration. <https://www.berlin.de/ba-pankow/politik-undverwaltung/beauftragte/integration/>

BERLÍN, 2017 - La Red Atenea, en cooperación con Xochicuicatl e.V – Asociación de mujeres latinoamericanas – y el Ayuntamiento de Pankow (Berlín), invita **al VI Congreso Internacional de Migración y salud mental** que se realizará en **Berlín (Alemania)** el **12 de octubre del 2017** con la representación de organizaciones, especialistas y profesionales de todas las partes del mundo quienes presentarán sus prácticas y resultados de proyectos de investigación.

El Congreso está abierto a todas aquellas personas involucradas en el mundo global de la migración, de manera profesional y/o voluntaria en instituciones públicas, privadas o académicas.

La cuota por registro tendrá un valor de **10 euros** para cubrir los costes mínimos.

**El Congreso lo hacemos todos.**

*La mayoría de los que hemos dejado nuestro hogar para viajar y continuar con nuestra vida en un nuevo lugar compartimos el sentimiento de quedarnos flotando en la nada. Son nuestras raíces que han sido desprendidas de su tierra y han quedado suspendidas entre dos mundos. Y a menudo nos preguntamos: ¿seremos capaces de volver a echar raíces?*

La **Red Atenea** fue fundada el año 2010 en Barcelona, por Joseba Achotegui (profesor de la Universidad de Barcelona) Rachid Bennegadi (Director de Investigación del Centre Minkowska de París) y Xochtil Castaneda (profesora de la Universidad de Berkeley) como una red global de ayuda psicológica y psicosocial a inmigrantes en situaciones extremas.

[www.laredatenea.com](http://www.laredatenea.com)

**Xochicuicatl e.V.** – Asociación de mujeres latinoamericanas – en Berlín, hace 25 años que apoya a la mujer migrante en su proceso de integración a través de su intervención psicosocial, social y comunitaria.

[www.xochicuicatl.de](http://www.xochicuicatl.de)

La **Delegada de Integración del ayuntamiento de Pankow**, Katarina Niewiedzial, se encarga de apoyar a las personas y organizaciones y a sus proyectos en dicho distrito para así promocionar la integración.

<https://www.berlin.de/ba-pankow/politik-und-verwaltung/beauftragte/integration/>

TENTATIVE PROGRAMME, AUGUST 2017

VI INTERNATIONAL CONGRESS ON MIGRATION AND MENTAL HEALTH

BERLIN 12<sup>th</sup> OF OCTOBER 2017

8:30 AM Registration opens

Welcoming speech from „Bezirksamt Pankow“

9:00 h Inauguration  
 Noemí Alcalá – Xochicuicatl e.V. Lateinamerikanischer Frauenverein  
 Luca Pandolfi – Athena Network

9:30 h Lecture  
**“Migrating in the 21st century. The Immigrant Syndrome with chronic and multiple stress-The Ulysses Syndrome”**  
 Joseba Achotegui. General Secretary of Transcultural Section of the World Psychiatric Association (Spain)

10:00 Session 1

STRESS, SOCIAL FACTORS AND MENTAL HEALTH IN CURRENT MIGRATION

Session 1.1  
**“Mental Health support in Japanese Psychiatric clinic”**. Yu Abe. *Meijigakuin University, Department of Psychology*. Tokyo (Japan)  
**“Geopolitics: conflict, insecurity and the migrant crisis”**. Albert Persaud. Co-Founder & Director, The Centre for Applied Research and Evaluation - *International Foundation (CAREIF)*. (United Kingdom)  
**“Negative transference and hostility in the therapeutic relationship with immigrants. A review”**. Maria José Rebelo, PhD Candidate. *Comillas Pontifical University*. (Portugal)  
**“Syndrome of Migrants with Extreme Migratory Mourning Impact (Ulysses Syndrome) in Latin Americans living in London.”** Nancy Liscano. *Teléfono de la Esperanza* (United Kingdom)

Session 1.2  
 Luca Pandolfi. Anthropologist. Professor of the *Pontifical Urbaniana University of Rome*. (Italy)  
**“Mourning the Homeland, Settling in Place”**. Maria Elena Ferrer Harrington. Executive Director, *Humanamente*. New York (USA)  
 Sophia Oelsner and Noemí Alcalá. Social and Clinical Psychologists. Xochicuicatl e.V. Latin American Women Association. Berlin (Germany)  
**“The Iceberg of Immigration: save me a place”**. Danijela Belosevic and Lucía Ferri. Psychologists. *Caritas Migration Service*. Berlin (Germany)

Session 1.3  
**“Effects of the economic crisis on the migration process of Bolivian and Venezuelan women in the city of Valencia, Spain”**. Norma Aguilar. *Venerval solidarity, Venezuelans in Valencia* (Spain)  
**“Vicarious Illegality: The Spillover Effects of ‘Illegality’ on Mexican-origin Women’s Stress and Mental Health”**. Juanita García. *California Riverside University* (USA)  
**“Language Acquisition and Integration - Language as the Key Element to Shape Life in Germany”**. Svenja Arenz. MA Student of Social and Cultural Anthropology and Language Teacher. *Xochicuicatl e.V and Freie Universität*. Berlin (Germany)  
**“Trafficking in Human Beings (THB)”**. Alba Alfageme. Coordinator of a European project about *Trafficking in Human Beings*. (Spain)

11:30	Coffee Break
12:00	Session 2
<b>DIAGNOSIS AND PSYCHOLOGICAL INTERVENTION IN CURRENT MIGRATION</b>	
Session 2.1	<p><b>"Over and under identification of minority children in special education- the situation in Japan"</b>. Nélide Tanaka. <i>Yotsuya Yui Clinic</i>. Tokyo (Japan)</p> <p><b>"Description, background and evaluation of the WIRwerden program. A research-based intervention supporting the social integration of refugee children in primary school-</b> ". Laura Trölenberg. <i>Freie Universität</i>. Berlin (Germany)</p> <p><b>"Gift and debt in the everyday process of educational and psychological caregiving for isolated foreign youth in France. A psychoanalytical perspective."</b> Arnold Castelain. <i>Groupe SOS Jeunesse service l'agenda mineurs isole's e'trangers Paris</i>. (France)</p> <p><b>"The place of language in the psychoanalytic framework"</b>. Alessandra Mongardi. <i>Refugee Therapy Centre</i>. London (United Kingdom)</p>
Session 2.2	<p>Adriana Moldovan (Israel)</p> <p>Leticia Marín. <i>SAL Solidarietà con L'America Latina</i>, Rome (Italy)</p> <p><b>"Strategies for coping with stress in the migration process: The experience of working in Hamburg with Spanish speakers and Latin American people"</b>. María Teresa González. <i>Espacio Internacional de Psicoterapia y Orientación</i>. Hamburg (Germany)</p> <p><b>"Exploring the effectiveness of a creative writing intervention to promote refugees' integration and wellbeing"</b> Agata Vitale. <i>Bath Spa University, Trauma Foundation</i>. (United Kingdom)</p>
Session 2.3	<p><b>"Community participation in mental health care in Syria"</b>. José López-Rodas. Psychiatrist. <i>Peruvian University Cayetano Heredia</i>. (Peru)</p> <p><b>"Persistent pain in refugees and asylum seekers: the embodiment of suffering an experience providing support"</b>. Andreia Negron. Three Boroughs Health Inclusion Team Adult Community Services, Guy's and <i>St Thomas' NHS Foundation Trust</i>. London (United Kingdom)</p> <p><b>"Racism &amp; Mental Health in Migrant Population"</b>. Eben Louw. MSc Health Psychology. <i>Psychological counseling centre for victims of far-right, racist and antisemitic violence (OPRA), ARIBA e.V.</i> Berlin (Germany)</p> <p><b>A multiprofessional psycho-social Treatment Programme for Survivors of Torture and War-traumatized Refugees"</b>. Sabrina Schmelzle. Specialist in Psychiatry and Psychotherapy. <i>Center: Überleben. (former Berlin Treatment Center for Torture Victims, bzfo). Outpatient Department for Survivors of Torture and War-traumatized Refugees</i>. Berlin (Germany)</p>
13:30	General Debate
14:00	Lunch and Posters

15:00	Session 3
PSYCHOLOGICAL AND PSYCHOSOCIAL INTERVENTIONS WITH MIGRANTS AND EXPERIENCES	
	<p><b>"All walls do fall and the end..."</b>. Luigi Leonori. <i>SMES-Europe</i>. (Italy)</p> <p><b>"Immigrants and refugees' acculturation and labor integration"</b>. Rita Berger. Prof. <i>University of Barcelona</i> (Spain)</p>
Session 3.1	<p><b>"Immigrants living in the homes of elderly person"</b>. Renato López, Sociologist and researcher specializing in management of health. (Switzerland)</p> <p><b>"Homeless and mentally ill – between stigma and health risks of sleeping rough"</b>. Petra Schwaiger, Project manager and social worker at Project "Frostschutzengel plus" – <i>GEBEWO Soziale Dienste</i>. Berlin (Germany)</p>
Session 3.2	<p><b>"Neutral language and mental health. Do migrants feel migrants?"</b>. Francesca Ronchin. Journalist (Italy)</p> <p>Katharina Stahlmann. <i>Medibüro. Büro für medizinische Flüchtlingshilfe Berlin</i> (Germany)</p> <p><b>"Intercultural competence from nursing"</b>. Maribel Pagola. <i>Hospital in San Sebastián</i> (Spain)</p> <p><b>"Migration of Families, Mediation and MiKK"</b>. Michael Ford. Legal Assistant. <i>MiKK e.V. International Mediation Centre for Family Conflict and Child Abduction</i>. Berlin (Germany)</p>
Session 3.3	<p>Leticia Reyes. <i>Psycho-socio-family eco-pedagogy programme</i> in Paris and Brussels (Belgium)</p> <p><b>"Beyond the grief and trauma relieved"</b> Juan Pimienta, Head of Metropolitan Police Ibero American Association (Member of S.A.M.U.R.A.I). Scotland Yard (United Kingdom)</p> <p><b>"From the story of the body to the soul of the stories. Playing and storytelling"</b>. Margaux Richet. Freelance intercultural trainer and storyteller. Berlin (Germany)</p> <p><b>"Theater as a tool for the migration processing"</b>. Darinka Ezeta. Berlin (Germany)</p>
16:30	General Debate
17:30	<p><b>Closing lecture "Challenges of Transcultural Psychiatry in today's world"</b>. Rachid Bennegadi. President Elect of the of <i>World Association of Social Psychiatry</i>. Paris. (France)</p> <p><b>Involvement of embassies in the promotion of mental health during the migration process: "La ventanilla de salud mental - The window of mental health"</b>. <i>Mexico's Embassy in Berlin</i>. (Germany)</p>
18:15	<p><b>Closing Ceremony and Assembly of Athena Network</b></p> <p><b>Presentation of the Athena Network Publication "The International Journal of Migration and Mental Health from Psychosocial and Communitarian perspective"</b></p> <p>Organizing Committee Berlin 2017 and Brussels 2018</p>